

# After Surgery Comfort

## Pain Prevention

Reducing the painful effects of inflammation

- **Ibuprofen + Tylenol every 6 Hours**
- As prescribed whether it hurts or not
- *Keep on schedule for 3 days* or more if needed

**Please note:** You may have an allergy or medical condition that does not allow taking certain medications. We will discuss this.

**Standard Dose:** 600mg Ibuprofen every 6 hours  
1000mg Tylenol every 6 hours

**Reduce the dose for children and elderly!!**

- After 3 days, only take the Ibuprofen & Tylenol as needed
- When Ibuprofen & Tylenol is not enough, then **add** Oxycodone or other narcotic if prescribed.

## Pain Relief

Relieving pain if you are still uncomfortable

- ~ **Oxycodone 5 mg ONLY if needed**
- ~ This is taken in addition to the Ibuprofen and Tylenol (not to replace them).
- ~ Start with a half a tablet, and you may increase the dose up to 1 or 2 tabs in a 4 hour period

### TIPS

- ~ Eat first and wait 10 to 15 minutes, then take with a glass of water.

**\*\*\*Discard unused Oxycodone promptly once not needed**

### How do you know it's time to take Oxycodone?

Ask yourself... From a scale of 1-10  
(10 being excruciating pain)

If you are feeling pain to a level of 6 or 7?

It is time to take the Oxycodone!



Columbia  
Oral Surgery & Implants

Normund K. Auzins, D.D.S.  
Kim K. Erickson, D.M.D., M.D.