



## **Homeopathic Pain Control**

### **Before Oral Surgery:**

Arnica MK 10 pellets taken the night before or morning of.

### **After Oral Surgery:**

Take 1 Traumeel tablet with 5 pellets each of Ledum 30K and Hypericum 30K under tongue or dissolved in the water every ½ hour, 5-8 times a day right after surgery, after same thing except 3 times a day for the next week.

### **All homeopathic pellets:**

Take at least 15 minutes before or after all food, beverage, supplement, or formula, let dissolve sublingually under the tongue.

*-As advised by one of our patients who happens to be a Naturopathic Physician*