



NORMUND K. AUZINS, D.D.S.

Board Certified Oral & Maxillofacial Surgeon

Post Operative Instructions Following Placement of Implants

Keep slight pressure on area with sterile gauze (in care package provided) until the bleeding stops. It is normal to have oozing from surgical site four to twelve hours following surgery.

Ice for the first twenty-four hours after having your implant placed in thirty minute intervals is suggested. This will help decrease inflammation (swelling). It is normal for swelling to reach its peak three days after having an implant placed.

We strongly encourage all medication to be taken as prescribed by Dr. Auzins. The antibiotic should be taken as instructed and completed to help prevent infection. The stronger pain medication (Percocet and Vicodin) should not be taken while operating machinery, (i.e. vehicle, heavy equipment, etc) or used in conjunction with alcohol.

It is very important to stick to a soft diet near the surgical site while it is healing. Eating tough meats, chips, nuts and sticky foods over the surgical site may disrupt the integration process of the implant.

We ask that you are very diligent about your oral hygiene care while your implant is healing. Swish with the mouth rinse (Peridex) prescribed to you twice a day as directed. Incorporating warm salt water rinses in addition to using the Peridex may speed the healing of gum tissue and helps soothe the surgical site.

We encourage you to be seen approximately two weeks after surgery. During this appointment, we will check the healing, and make any adjustments to any prosthesis you might wear. At 3-4 months we will take an x-ray to show/verify the bone has accepted the implant and is integrating well. Often, we will take a digital impression so you may wear a temporary crown during the last couple of months of healing.

Typically an implant is ready for the abutment and crown or denture after four to six months of healing.

If you have any questions following your implant being placed please feel free to call us at (503) 289-9621.

Thank You,

Dr Auzins & Staff